Stacy L. Simon, Ph.D.

PA License # PS016569

EDUCATION AND ADVANCED TRAINING

**Ph.D. in Clinical Psychology** Sept 2005

University of Massachusetts, Amherst, MA

**M.S. in Clinical Psychology**                                                                                                  May 2002

University of Massachusetts, Amherst, MA

**B.A. in Psychology**                                                                                                                   Dec 1997

The Pennsylvania State University, University Park, PA

**Postdoctoral Fellowship in Clinical Psychology**                                                      2005 - 2006

Harbor-UCLA Medical Center, Torrance, CA

**Predoctoral Internship in Clinical Psychology**                                                         2004 - 2005

Yale University School of Medicine, New Haven, CT

CLINICAL TRAINING

**Radically Open Dialectical Behavior Therapy (RO-DBT)** Jan 2014

2 week training, Behavioral Tech LLC

**Seeking Safety** Feb 2012

2 day training, Allegheny County

**Prolonged Exposure Therapy** Oct 2011

4 day training, University of Pennsylvania

**Interpersonal Psychotherapy (IPT)** Sept 2008

1 day training, Western Psychiatric Institute and Clinic

**Dialectical Behavior Therapy (DBT) Foundational Training** Jan 2008

1 week training, Behavioral Tech LLC

**DBT with Multiproblem Adolescents** Oct 2007

2 day training, Behavioral Tech LLC

**Cognitive Behavioral Analysis System of Psychotherapy (CBASP)** Nov 2005

3 month seminar, Harbor-UCLA Medical Center

CLINICAL EXPERIENCE

**Psychotherapist, Private Practice** 10/13 – present

1124 S Braddock Ave, Suite A, Pgh PA 15218

**Senior Program Director, Atrium (Acute Trauma Recovery Inpatient Unit)** 6/08 – 4/19

UPMC Western Psychiatric Hospital, Pittsburgh, PA

**Psychotherapist** 3/11 – 10/13

UPMC Center for Integrative Medicine, Pittsburgh, PA

**Assistant Director, Dialectical Behavior Therapy Program** 10/06 - 6/08

Massachusetts Mental Health Center/ Harvard Medical School,  Boston, MA

**Postdoctoral Fellow, Adult Psychiatry Track** 9/05 - 8/06

Harbor-UCLA Medical Center, Torrance, CA

**Predoctoral Fellow, General Adult Track** 7/04 - 6/05

Yale University School of Medicine, New Haven, CT

**Psychotherapist, Outpatient Behavioral Health** 1/04 - 6/04

Cooley Dickinson Hospital, Northampton, MA

**Group Psychotherapist, Adult Partial Hospitalization Program** 4/03 - 11/03

Baystate Medical Center, Springfield, MA

**Individual Psychotherapist, Adult Outpatient Behavioral Medicine Clinic** 9/02 - 11/03

Baystate Medical Center, Springfield, MA

**Neuropsychology Extern, Neuropsychology Services** 4/03 - 7/03

Baystate Medical Center, Springfield, MA

**Individual Psychotherapist, Psychological Services Center** 9/00 - 7/03

University of Massachusetts, Amherst, MA

**Individual Psychotherapist, Student Mental Health Clinic**9/01 - 5/02

University of Massachusetts, Amherst, MA

**Intake Clinician, Psychological Services Center**9/00 - 5/01

University of Massachusetts, Amherst, MA

**Individual Psychotherapist, CBT for Anxiety Disorders Team** 9/99 - 5/00

University of Massachusetts, Amherst, MA

**Behavior Specialist**5/99 - 8/99

The Association for Retarded Citizens, Greensburg, PA

**Residential Supervisor**5/98 - 5/99

The Association for Retarded Citizens, Greensburg, PA

**Certified Crisis Prevention and Intervention Trainer**1/99 - 1/00

State of Pennsylvania

RESEARCH EXPERIENCE

**Research Consultant/ Certified DBT Adherence Rater, WAVE Study** 11/14 – 4/19

100 N Bellefield Ave, Pgh PA 15213

**Program Evaluator,** Massachusetts Mental Health Center10/06 – 6/08

Dialectical Behavior Therapy Program

**Research Fellow,** Harvard Medical School                                                                     8/03 - 8/04

Barriers to Treatment in a Diverse Sample of Women with Chronic Mental Illness

**Research Assistant,** University of Massachusetts                                                             6/02 - 1/04

Early Behavior Development Project

**Research Assistant,** University of Massachusetts                                                             9/99 - 1/04

Anxiety Across the Lifespan

**Research Assistant,** University of Massachusetts                                                             6/02 - 6/03

Romantic Relationships Study

**Master’s Thesis,** University of Massachusetts                                                                   1/00 - 5/02

Biased Recall in Anxiety

**Research Assistant,** The Pennsylvania State University                                                   1/97 - 5/98

Cognitive Behavioral Treatment of Agoraphobia

**Research Assistant,** The Pennsylvania State University                                                   1/97 - 5/98

Personality Characteristics and Post-Traumatic Stress

**Research Assistant,** The Pennsylvania State University                                                   1/97 - 5/98

Neuropsychological Screening of Generalized Anxiety Disorder

TEACHING EXPERIENCE

**Staff Trainer,** Western Psychiatric Institute and Clinic                                                     6/08 – present

*Develop and provide various trainings based on learning needs of staff*

**Videoconference,** WPIC Office of Educational and Regional Programming 9/15

*Evidence Based Treatment of PTSD*

**Workshop,** WPIC Office of Educational and Regional Programming 6/14

*Trauma Informed Care, 3 hour training (Hermitage)*

**Workshop,** WPIC Office of Educational and Regional Programming 11/13

*Trauma Informed Care, 3 hour training(Uniontown)*

**Workshop,** Warren State Hospital 11/11

*Trauma Informed Care, 3 hour training*

**Grand Rounds,** Western Psychiatric Institute and Clinic 5/11

*The Development of a Model Inpatient Trauma Treatment Track*

**Workshop,** WPIC Office of Educational and Regional Programming 4/11

*Orientation to Trauma Informed Care, full day training*

**Workshop**, Warren State Hospital 10/10

*Posttraumatic Stress Disorders, 3 hour training*

**Workshop,** New Castle Human Services Center 6/10

*Self-Injurious behavior, 3 hour training*

**Workshop,** Warren State Hospital 10/09

*3 hour training on self-injurious behavior*

**Weekly Seminar,** Massachusetts Mental Health Center                                                 2/07 - 6/08

*Individual Dialectical Behavior Therapy*

**Lecturer,** Harvard Medical School                                                                                        3/07 – 6/08

*Anxiety Management Skills*

**Annual Seminar,** Massachusetts Mental Health Center                                                  11/06 - 6/08

*DBT Case Formulation*

**Annual Training,** Massachusetts Mental Health Center                                                  10/07 – 6/08

*Suicide Risk Assessment*

**Grand Rounds Presentation,** Massachusetts Mental Health Center                              6/07

*Program Evaluation Initiative at MMHC*

**Grand Rounds Presentation,** Massachusetts Mental Health Center                              2/07

*Barriers to Treatment in Women with Serious Mental Illness*

**Invited Speaker,** Coastal Asian Pacific Mental Health Center Grand Rounds                5/06

*Cognitive Behavioral Analysis System of Psychotherapy (CBASP)*

**Instructor,** University of Massachusetts                                                                               Fall 03

*Theory and Practice of Counseling and Psychotherapy*

**Graduate Teaching Assistant,** University of Massachusetts                                             Spring 02 - 03

*Junior Writing Seminar on Raising Caring and Nonviolent Children*

**Laboratory Instructor,** University of MassachusettsFall 01

*Research Methods in Psychology*

**Scholarship Advisor,** University of Massachusetts                                                             Spring 01

*Truman Scholarship Seminar*

**Graduate Teaching Assistant,** University of MassachusettsSpring 01

*The Psychology of Women*

**Graduate Teaching Assistant,** University of MassachusettsFall 00

*The Psychology of Good and Evil*

**Graduate Teaching Assistant,** University of MassachusettsSpring 99

*The Psychology of Aging*.

**Graduate Teaching Assistant,** University of Massachusetts                                             Fall 99

*Junior Writing Seminar on Infant Cognition*

**Staff Trainer,** The Association for Retarded Citizens5/98 - 8/99

*Competency in Human Services Occupations*

**Peer Tutor,** The Pennsylvania Stat University9/95 - 5/96

*Conceptual and Applied Statistics, Introductory Psychology, Anthropology*

PUBLICATIONS AND PROFESSIONAL PRESENTATIONS

Swartz, H.A., Frank, E., O'Toole, K., Newman, N., Kiderman, H., Carlson, S., Fink, J.W., Cheng, , Y., Maihoefer, C.C., Forster Wells, K., Houck, P.R., Painter, T., Ortenzio, S.H., **Simon, S.L.**, Henschke, P., Ghinassi, F. (2011). Implementing Interpersonal and Social Rhythm Therapy for Mood Disorders Across a Continuum of Care. *Psychiatric Services, 62,* 1377 - 1380.

Freizinger, M., Fruzetti, A., **Simon, S**., White, A., & Simpson, S. (2007). Effectiveness of validation training in residential counselors. Poster session presented at the International Society for the Improvement & Teaching of Dialectical Therapy, Philadelphia, November 007.

**Simon, S**., Herr, N., Gutierrez, A. , & McFarr, L. (2006). Assessing therapy-interfering behavior in DBT. Poster session presented at the 40th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, November 2006.

Wisocki, P.A., **Simon, S**., & Slavet, J. (2003). Self-reported anxiety levels related to September 11, 2001 terrorist attacks. Poster session presented at the VIII European Conference on Traumatic Stress, Berlin, Germany, May 2003.

Hunt, S., **Simon, S**., & Wisocki, P. (2001). Worry, coping, and physical health in a college population. Poster session presented at the Eastern Psychological Association Annual Conference, Boston, March 2001.

**Simon, S**. & Wisocki, P. (2000). Biased recall in anxiety: Competing forces of emotional avoidance and information processing biases. Poster session presented at the 34th Annual Convention of the Association for Advancement of Behavior Therapy, New Orleans, November 2000.

Wisocki, P, & **Simon, S.** (2000). Differences in worry across the adult life span. Poster session presented at the Congress of the European Association for Behavioral and Cognitive Therapies, Spain, September 2000.

Hazlett, H., Aikens, D., Degen, L., **Simon, S**., Vorgity, A., & Ray, W. (1998). A neuropsychological screening of generalized anxiety disorder: attention, memory, and executive function. Poster session presented at the 32th Annual Convention of the Association for Advancement of Behavior Therapy,

Washington DC, November 1998.